



Sun Lakes Pickleball Club IronOaks

PICKLEBALL RATING GUIDE FOR 2.5 SKILL LEVEL

PERSONAL SKILLS - 40%

1. **Serve - 10 serves:** Deuce court 5 & Ad court 5 completing 5 out of 10.
Evaluate serves that are legal and "in" proper side of opponents court.
2. **Return of Serve - 10 returns:** Deuce court 5 & Ad court 5 completing 5 out of 10.
Evaluate returns that are "in" either side of opponents court.
3. **Dinks at NVZ (Non-Volley Zone):** 5 out of 10 dink rally using forehand & backhand.
Evaluate ability to sustain forehand & backhand dinking rally.
4. **Volley at the NVZ:** 4 volleys out of 10. Feeder will hit balls from the baseline.
Evaluate ability to hit forehand and backhand punch volleys into opponents court.
5. **Drop shots from transition area (middle of the court):** 4 out of 10 drop shots into NVZ.
Evaluate ability to hit forehand and backhand drop shots that are "in" opponents NVZ.

COMPETITIVE TEAM PLAY SKILLS - 60%

Individual skills in Team Play

- Uses a variety of the above skills in competition
- Demonstrates knowledge of the rules
- Moves to the NVL (Non-Volley Line) as quickly as the point dictates
- Demonstrates patience at the NVL through sustained dinking
- Demonstrates aggressive play when the opportunity presents itself
- Recognizes and does not swing at "out" balls
- Sets up points by "moving opponents," creating gaps, and scoring opportunities
- Ability to "reset" points with a slower return of a fast-paced shot by opponent

Skills relating to play with a partner

- Communicates verbally with partner
- Moves with partner on the court to limit opening defensive gaps
- Confidently takes shots that are his/hers
- Gives partner space to hit his/her shots