



Sun Lakes Pickleball Club

IronOaks

PICKLEBALL RATING GUIDE FOR 2.5 SKILL LEVEL

PERSONAL SKILLS - 40%

1. Serve - 10 serves: Deuce court 5 & Ad court 5 completing **6 out of 10**.

Evaluate serves that are legal and "in" proper side of opponents court.

Deuce Court: **3 Serves In**

Ad Court: **3 Serves In**

2. Return of Serve - 10 returns: Deuce court 5 & Ad court 5 completing **6 out of 10**.

Evaluate returns that are "in" either side of opponents court.

Deuce Court: **3 Returns In**

Ad Court: **3 Returns In**

3. Dinks at NVZ (Non-Volley Zone): 6 out of 10 dink rally using forehand & backhand.

Evaluate ability to sustain forehand & backhand dinking rally.

4. Volley at the NVZ: 5 out of 10. Feeder will hit balls from the baseline.

Evaluate ability to hit forehand and backhand punch volleys into opponents court.

5. Drop shots from transition area (middle of the court): 4 out of 10 drop shots into NVZ.

Evaluate ability to hit forehand and backhand drop shots that are "in" opponents NVZ.

6. Overhead shots from transition area (middle of the court): 2 out of 5

Evaluate set-up and execution of overhead shots from mid-court

COMPETITIVE TEAM PLAY SKILLS - 60%

Individual skills in Team Play

Uses a variety of the above skills in competition

Demonstrates knowledge of the rules

Moves to the NVL (Non-Volley Line) as quickly as the point dictates

Demonstrates patience at the NVL through sustained dinking

Demonstrates aggressive play when the opportunity presents itself

Recognizes and does not swing at "out" balls

Sets up points by "moving opponents," creating gaps, and scoring opportunities

Ability to "reset" points with a slower return of a fast-paced shot by opponent

Skills relating to play with a partner

Communicates verbally with partner

Moves with partner on the court to limit opening defensive gaps

Confidently takes shots that are his/hers

Gives partner space to hit his/her shots